



Advice for The LiveSmart supervised tooth brushing programme during Coronavirus outbreak

- **Make sure all children wash their hands properly before brushing**

Hand washing should be part of the daily routine. It can be done as a group activity. The best time to do this is before eating and brushing. You can use any kind of soap to wash hands. Access to water is essential for hand washing. Extra handwashing is advised at this time.



Six steps for hand washing:

- 1 Wash the palms of the hands.
- 2 Wash each individual finger and in between
- 3 Wash the thumbs
- 4 Pay attention and wash the back of the hands
- 5 Wash each nail, under then nail and the nail beds
- 6 Wash around the wrists

- **Ensure that all tooth brushes are stored correctly with no heads touching.**
- **Please make sure all brushes are rinsed well after use and with a solution of soapy water if necessary.**
- **Replace any toothbrushes where names have become difficult to read or if they fall onto the floor.**
- **Keep the area where the children spit out their paste clean with effective cleaning methods.**
- **IF SCHOOLS CLOSE, PLEASE SEND TOOTH BRUSHES HOME WITH THE CHILDREN. WE WILL REPLACE THEM ALL WHEN SCHOOL RESUMES IF YOU DO NOT HAVE SPARES.**

DWT covered tooth brush holders coming soon.....