



SOUTH AFRICA IMPACT REPORT

REVIEWING 2022, PREVIEWING 2023

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TRUSTEES, ADVISORY BOARD MEMBERS AND PATRON

WHY DO WE VOLUNTEER OUR TIME?

Each year thousands of children in South Africa face the challenges of preventable tooth decay in a country where oral health is often not accessible to those living in townships and rural areas. Even owning a tooth brush is out of the reach of many children.

80% of children and young people in South Africa suffer from tooth decay. Children with poor oral health may suffer pain and infection resulting in sleeping problems, issues with eating, and present difficulties with playing and socialising.

Our social impact often goes beyond that of dental health.

We support communities in other ways too, like the training and employment of our amazing toothbrushing Mamas and with their help, the setting up of soup kitchens during COVID19. Through collaborations the fantastic garden programme and access to a mobile vehicle too, have been made possible.

We are all committed to stopping the rot and helping to fight tooth decay and in particular to support children living in communities where **access to dental health and social care can be practically non-existent**. Our help is delivered through a blend of education and practical interventions.

Help us to assist the Dental Wellness Trust's dedicated South African foundation and keep children smiling in South Africa.



DR. LINDA GREENWALL
FOUNDER &
CHAIR OF TRUSTEES



DR. SAUL KONVISOR
TRUSTEE



DR. MORIA WONG
TRUSTEE



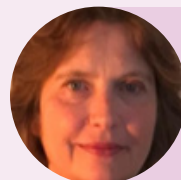
MS. HILARY NATOFF
ADVISORY BOARD (FINANCE)



DR HARRIET WRIGHT
ADVISORY BOARD (DENTAL)



MISS KATHY HARLEY
ADVISORY BOARD
(PAEDIATRIC)



DR CLAIRE ROBERTSON
ADVISORY BOARD
(PUBLIC HEALTH)



DR DAN SHAFFER
ADVISORY BOARD (DENTAL)



VICTORIA GOODALL
ADVISORY BOARD (DENTAL)



SIR NAIRN WILSON
CBE FRCS FRCSI
PATRON

VISION AND MISSION IN SOUTH AFRICA

OUR MISSION

To provide oral health through dental wellness in some of the most difficult to reach communities in South Africa.

OUR VISION

To improve oral health in children and young people in South Africa, especially those who are living in townships or rural areas, where access to dental health can be restricted by distance and/or economic circumstance.

By providing oral health education and interventions we help prevent unnecessary tooth decay and try to give children and young people **healthier Smiles, healthier lives, and healthier futures.**

OUR AIM

To build a sustainable network and structure of oral health education and training in culturally sensitive ways to enable children and young people in some of the poorest parts of South Africa to take responsibility for their own dental health.

By expanding our successful supervised toothbrushing programmes, we can help eliminate unnecessary tooth decay and build healthy smiles and healthy futures.

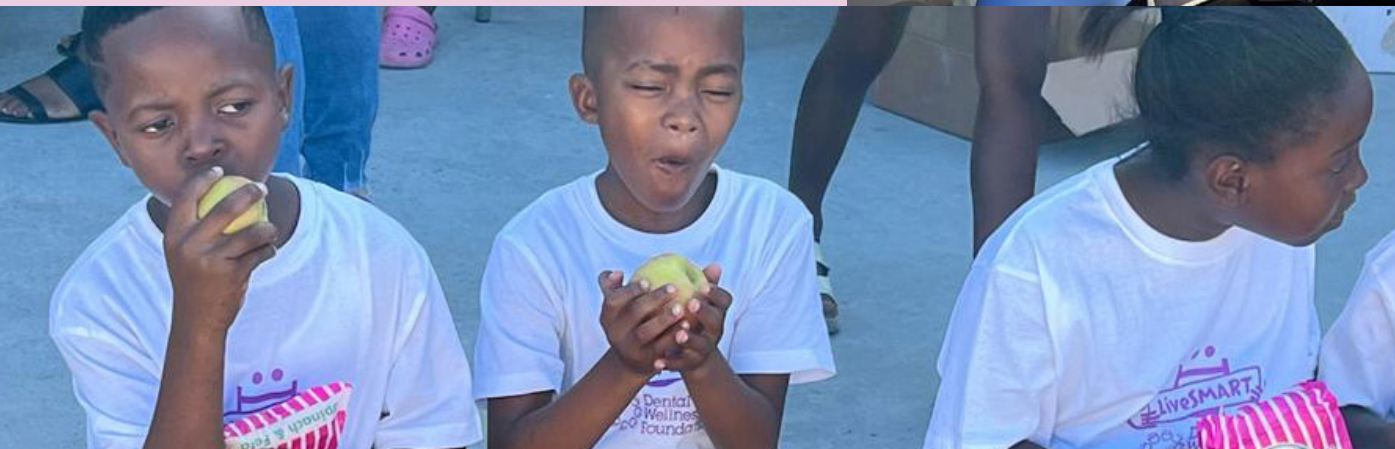


OUR ACHIEVEMENTS



THOUSANDS
OF CHILDREN
BRUSHING DAILY TO HELP
PREVENT TOOTH DECAY

CHILDREN
SCREENED AND TREATED
WITH FLUORIDE
VARNISH



HELPING MORE
CHILDREN IN
HARD TO REACH
COMMUNITIES

LOOKING AHEAD

FUNDING

We are a charity, and we rely heavily on donations to fund our important work. Help us to reach out to even more children and young people in South Africa who are in the most need. Help us to deliver dental health awareness and other wellbeing measures through a blend of education and practical interventions.

EXPANDING OUR REACH

Our work in South Africa, is where we first started our dental wellness programmes, and remains important to us. Indeed, Dr Linda Greenwall, our charity founder, grew up in South Africa and trained in dentistry at the Witwatersrand University in Johannesburg. Today, we are proud to say that 21,000 children are participating in our programmes from townships around Cape Town in Khayelitsha and Mfuleni. But we are constantly looking to expand our reach, and this includes in and around Cape Town and further afield to mining communities in the Northern Cape.

OUTREACH

By working in collaboration with other organisations we continue to extend the screening and emergency dental care that we provide, as well as delivering other forms of social care. One example, being the 350,000 meals, our Mamas helped serve up through the setting up of 12 Soup Kitchens, during COVID.

“ORAL HEALTH IS A BASIC HUMAN RIGHT”
WORLD HEALTH ORGANISATION

OUR IMPACT

We collaborate with the University of the Western Cape Dental School to measure our dental wellness impact through research projects undertaken in community settings in the schools. We have also published our varnish and fissure sealant programme.

MOBILE DENTAL CLINIC

We have worked with Rotary International and Cardiff Rotary, Waterfront Rotary in Cape town together with Seapoint Rotary Club to be able to fund and build a new mobile dental van. This improves our reach and helps us to help even more children and young people.



LIVSMART TOOTHBRUSHING PROGRAMME

After a successful pilot in 2012, Dental Wellness Foundation continues to implement supervised toothbrushing programmes run by our wonderful Toothbrushing mamas who innovate with songs, rhymes, and dances. Their cultural awareness brings our programmes to life. Our song 'We brighten the corner where we are' is popular with all.

Today, our 'Mamas' teach children in schools how to brush their teeth, wash their hands and basic life skills.

Mamas visit schools with a regular supply of soap and toothpaste and ensure that the programmes remain sustainable. The toothbrushes are kept on a toothbrush board that the Mamas make themselves and which is kept at school with a protective cover. Each toothbrush is named and is separated to ensure that none of the toothbrushes touch each other.

Our 'Mamas' attend annual training to keep up to date with personal protective equipment training and with innovations in the programme.

Schools are provided with:



TOOTHPASTE PLATE

The Dental Wellness Trust has worked on different ways to administer the toothpaste in a safe and effective way. The best method we found was to dot the toothpaste on the edge of a plate and allow the children to pick up the toothpaste without cross contamination.



SUPPLIES

With the help of donations, the charity has been able to supply schools with toothbrushes, toothpaste and soap.



MOBILE DENTAL CLINIC AND EDUCATION

We have worked with Rotary International and Cardiff Rotary, Waterfront Rotary in Cape Town, and the Rotary Club of Sea Point to be able to fund and build a new mobile dental vehicle. This, along with working in collaboration with the University of the Western Cape is enabling us to extend our engagement and outreach to more communities.

With a mobile unit we can undertake work on dental caries and apply fluoride varnish and fissure sealant programmes, as well as promote the importance of good oral hygiene.

The purpose of a socially responsible oral health programme is to make it possible for oral disease processes to be halted before they have an opportunity to begin.

Practical interventions and promoting best practices at an early age have proven effective in increasing oral health. With the involvement of our Mamas and schoolteachers in the implementation of tooth brushing programmes in the townships, more members of the community are helping to promote both oral health and general wellbeing, in a sustainable manner. This increases the value placed on both. By instilling positive values and good habits early on, children in some of the poorest communities will be more likely to achieve and maintain improved oral health and overall, wellbeing. Something that they will carry with them into the future.





PROVIDING SOCIAL CARE IN OTHER WAYS

THE GARDEN PROJECT – ONE SHINING EXAMPLE

The Dental Wellness Foundation's work on oral health and collaborations with the Rotary Club of Seal Point led to not only an improved oral health programme but also things like the development of a garden project. Together, with other socially conscious organisations we can make a significant difference to many lives through initiatives like this.

The Ellerton Primary School Garden project, where Dental Wellness Foundation already promoted oral health and wellbeing, is a successful and sustainable project that has been running now for a few years with minimal intervention. The project addresses community needs by teaching children the value of growing vegetables and providing nutritious meals for the feeding scheme at the school.

It has also yielded high-quality produce in reasonable quantities enabling learners to take home produce for their families. Additionally, the project has sparked interest in the children, enabling them to teach others in their communities how to grow vegetables. This is something which has evolved over time with the introduction of different types of planting, including using discarded tyres, recycled yoghurt pots and other containers to allow vegetables to grow in smaller spaces.

The Garden project is an excellent example of how small scale initiatives can have a significant impact on the well-being of local communities and how important messaging can be taken home from the school gates and out into the wider community. It brings together education, sustainability, and environmental issues through recycling and repurposing materials that would have otherwise been discarded.



OUTREACH

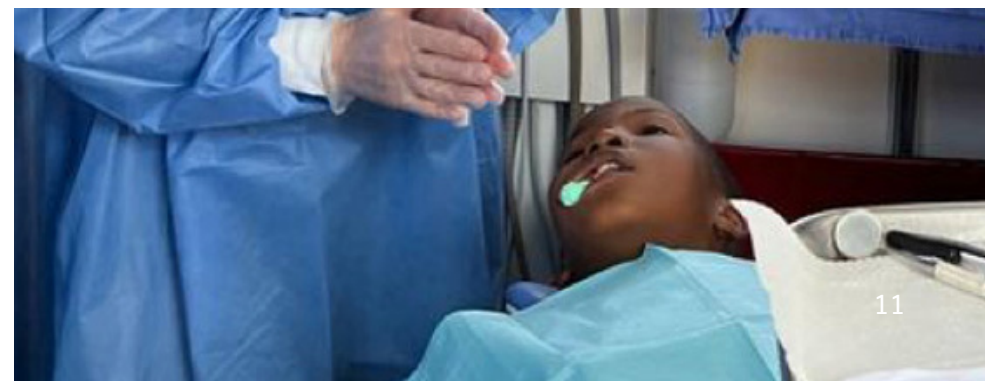
“OUTREACH IS THE ACTIVITY OF PROVIDING SERVICES TO ANY POPULATION THAT MIGHT NOT OTHERWISE HAVE ACCESS TO THOSE SERVICES”

80% of children and young people suffer from tooth decay in South Africa. Many are unable to access the help that they need due to travel or financial constraints.

In addition to health screenings and emergency dental work, we provide preventative fluoride varnish treatment to help stop further tooth decay. Our work makes a difference, and our volunteers make a difference too.

Each year we invite students to undertake an elective project during their studies. The projects typically lasts two to four weeks and take place in the townships of Khayelitsha near Cape Town.

We welcome enquiries from students who would be interested in taking part in these placements.



HOW CAN YOU HELP

By donating you can help to ensure that Dental Wellness Trust reaches more children and young people. Together we can stop the rot. Your donation no matter whether large or small will make a difference.

DONATIONS VIA JUST GIVING

To make a one-off donation or rolling monthly donation, please visit our just giving page - www.justgiving.com/dentalwellnesstrust

DONATIONS VIA BANK TRANSFER

Donations can be made direct into our bank by using the following details:

Account name: **Dental Wellness Trust**

Account Number: **17379291**

Sort Code: **23-05-80**

DONATIONS FROM TRUSTS AND FUNDS

We have many projects, where your help could make a big difference to what we can achieve. Funding can be given to support specific projects or indeed geographical areas. To find out how your Trust or Foundation could support our work please contact

funding@dentalwellnesstrust.org

CORPORATE SUPPORT

We have many projects with branding opportunities, requirements for dental health products and a need for volunteering and funds to support our core costs. There are many ways that you could help to improve the dental health and wellbeing of very many children and young people.

To discuss how your Company could support our work please contact funding@dentalwellnesstrust.org

VOLUNTEER

If you are a dental professional and wish to help with our screening and outreach, please email charity@dentalwellnesstrust.org for further information.



www.dentalwellnesstrust.org
Email: charity@dentalwellnesstrust.org
Donations and Projects: funding@dentalwellnesstrust.org
Charity number: 1145361
Company number: 7667384

Dental Wellness Trust
5 Elm Terrace
Constantine Road
London
NW3 2LL
United Kingdom
+442072677070

