

Happy New Year!

Whilst January 2024 is the beginning of a New Year for us all, this Newsletter celebrates much that has taken place at Dental Wellness Trust (DWT) since the release of our previous Newsletter in Summer 2023.

We are pleased to report that our growing oral health education and practical intervention programmes have positively impacted many more young lives.

Outreach initiatives like those held in Luton and Brent provide practical intervention clinics. This work also extends to Refugee outreach programmes. In 2024, we hope to expand all outreaches and we are in communication with various local authorities.

School programmes have continued to grow, with an example in Luton, where we have witnessed significant borough wide expansion into schools and nurseries with the help of funding from Luton Borough Council and The Philip Dear Foundation Award from the European section of the International College of Dentists.

This funding also allowed us to extend our reach beyond the classroom in Luton by introducing oral health sessions for foster carers and teenage parents as well as attending community events to empower children and young people to take charge of their own dental wellbeing. Again, we are in touch with other local authorities about the introduction of similar projects.

We have also been looking at expanding our oral health education by providing access for teachers to remote training sessions and this will be something that we hope to roll out in 2024.

Our oral health messaging has been expanded with the creation of an oral health booklet for young people (years 3 and 4). This has been well received after a pilot with schools in High Wycombe (through funding from Wycombe Wanderers Foundation) and is soon to be put to good use in Luton where some 3,000 copies will be distributed.



A BIG THANK YOU
TO ALL OUR MANY
VOLUNTEERS
WHO MAKE OUR
OUTREACH
PROGRAMMES POSSIBLE



Food Memories the cookbook, is bursting with delicious ideas for breakfast, salads, soups, snacks, meat, fish, and desserts. Recipes veer from the incredibly simple to the more elaborate and everything in between including a wide selection of super healthy food dishes packed with flavour, crunch, punch, and zing. What more could we ask of a cookbook.

Food Memories champions the vital part that food plays in Jewish culture and tradition and is centred around how beloved recipes are passed down from grandmothers to the next generation. Each of the 295 recipes inspired by family, friends, and the variety of places where Dr Greenwall's extended family members are located across the world.

Sir Nairn Wilson, a DWT Patron set the stage at the Food Memories London book launch before introducing Dr Greenwall, who captivated all with her speech.

'Without doubt, the food we eat when we sit down at the table together creates food memories and special times.' - Dr Linda Greenwall

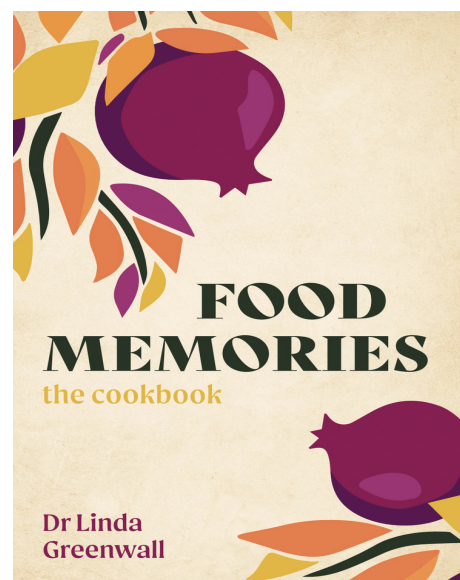
Food Memories is on sale at £48, softback and £60 hardback and is available via the following link (www.dentalwellnesstrust.org/store). All profit from sales will go towards funding the work of Dental Wellness Trust, both in the UK and internationally.

Our prestigious gala dinner was held amidst the iconic halls and historic ambience of The House of Commons where Sir Paul Beresford MP welcomed us. Within this glorious setting, we celebrated with our supporters and friends, our achievements and set the stage for our aspirations for the year ahead. The gala dinner (and conference) raised over £25,000 for the work of Dental Wellness Trust and we thank all those who attended and who help us to help improve the oral health of even more children and young people.

The 8th, annual 'Saving Kids Teeth' conference held by DWT at the British Dental Association (BDA) in early November, with an audience of one hundred attendees. We welcomed Dr Sandra White who delivered a keynote address on 'Molar incisor hypomineralisation' which resonated deeply with all. We were as ever, grateful to all our speakers and sponsors, who together make a such a gathering of knowledge sharing and collaborations possible. Together we help make progress happen.



Our heart is set on new wheels in 2024, to expand our important outreach work within London boroughs. We have been working with Hampstead Rotary Club, which Dr Greenwall is a member of to progress a grant from International Rotary to help make our dream a reality. Much work has been going on behind the scenes to develop the project and more information will be available about this important project in our next Newsletter.



Our work goes beyond what we achieve in the UK..... July/August last year saw UK based dental students, Emily and Claudia participating in an internship in S Africa, and in October Dr Greenwall and her team took part in a school based outreach study that our Dental Wellness Foundation in S. Africa have been actively involved in for some years. This is over and above the year long oral health programme administered by the DWF's local 'Tooth-brushing Mamas'.

We have also been progressing our work in Kenya, and after a successful pilot project in Kibera we hope to both put this work on a more formal footing and expand it too. We have been having numerous conversations with organisations based in Kenya and others wishing to support the expansion of our work there. We are in the process of developing the operational delivery plan for Kenya and negotiating with others to secure the funding for its implementation.



By combining education, community engagement, and accessible dental care, we aim to empower young children to prioritise their oral health and wellbeing.

Thank you to all those who are a part of our journey, and we welcome those new to our work. Together we can create lasting positive change by improving the oral health outcomes of children and young people everywhere

Email:

charity@dentalwellnesstrust.org - for more details about volunteering opportunities or taking part in our existing programmes.

funding@dentalwellnesstrust.org - for more information about setting up or developing new oral health initiatives or programmes in the UK or internationally.

info@dentalwellnesstrust.org - if you would like to fundraise for us, or would like to help fund our existing programmes either in the UK or internationally.

Together we can make a difference

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