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TRUSTEES, ADVISORY BOARD MEMBERS AND PATRON

WHY DO WE VOLUNTEER OUR TIME?

Each year thousands of children in Kenya face the challenges of preventable tooth decay in a country where oral health is often not accessible to those living in both cities or rural areas. Even owning a tooth brush is out of the reach of many children.

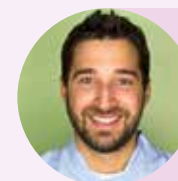
The first and only Kenya National Oral Health survey report in 2015 noted that some 90% of children were affected by gum disease. Children with poor oral health may suffer pain and infection resulting in sleeping problems, issues with eating, and present difficulties with playing and socialising. **Children will often be in a great deal of pain too, with nowhere to turn.**

We are all committed to stopping the rot and helping to fight tooth decay and in particular to support children living in communities where **access to dental health and social care can be practically non-existent**. Our help is currently delivered through education, while training local people to work within their own communities creating self improvement and employment opportunities.

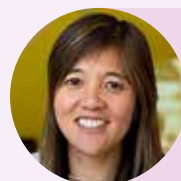
We volunteer because our help makes a difference. Help us to help keep children smiling in Kenya.



DR. LINDA GREENWALL
FOUNDER &
CHAIR OF TRUSTEES



DR. SAUL KONVISOR
TRUSTEE



DR. MORIA WONG
TRUSTEE



MS. HILARY NATOFF
ADVISORY BOARD (FINANCE)



DR HARRIET WRIGHT
ADVISORY BOARD (DENTAL)



MISS KATHY HARLEY
ADVISORY BOARD
(PAEDIATRIC)



DR CLAIRE ROBERTSON
ADVISORY BOARD
(PUBLIC HEALTH)



DR DAN SHAFFER
ADVISORY BOARD (DENTAL)



VICTORIA GOODALL
ADVISORY BOARD (DENTAL)



SIR NAIRN WILSON
CBE FRCS FRCSI
PATRON

VISION AND MISSION IN KENYA

OUR MISSION

To provide oral health through dental wellness in rural and hard to reach communities in Kenya, like in Kibera, which many will know is one of the largest slums in Africa, and one of the biggest in the world.

OUR VISION

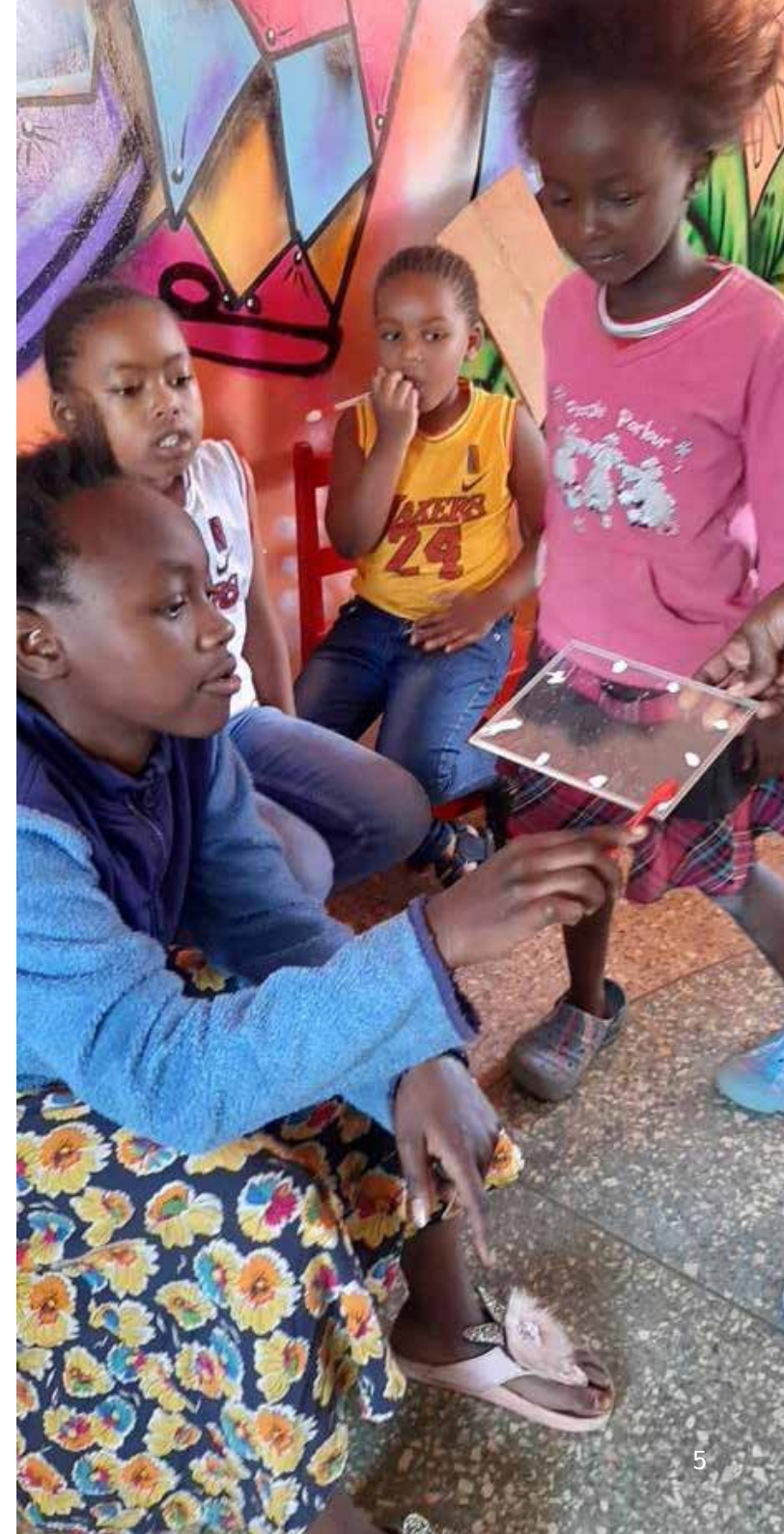
To improve oral health in children and young people in Kenya, especially those who are living in areas of highest social deprivation or rural areas, where access to dental health can be restricted by distance and/or economic circumstance.

By providing oral health education and interventions we help prevent unnecessary tooth decay and try to give children and young people **healthier smiles, healthier lives, and healthier futures.**

OUR AIM

To build a sustainable network and structure of oral health education and training in culturally sensitive ways to enable children and young people in some of the poorest parts of Kenya to take responsibility for their own dental health.

By expanding our successful supervised toothbrushing programmes, we can help eliminate unnecessary tooth decay and build healthy smiles and healthy futures.



OUR ACHIEVEMENTS



THOUSANDS
OF CHILDREN
BRUSHING DAILY TO HELP
PREVENT TOOTH DECAY

HELPING MORE
CHILDREN IN
HARD TO REACH
COMMUNITIES



LOOKING AHEAD

FUNDING

We are a charity, and we rely heavily on donations to fund our important work. Help us to reach out to even more children and young people in Kenya who are in the most need. Help us to deliver dental health awareness and other wellbeing measures through a blend of education and practical interventions.

HOW OUR WORK STARTED IN KENYA

Our work in Kenya was established when our wonderful UK based dentist volunteer, Sejal Bhansali wanted to improve oral health and dental wellness in the country where she was born. Armed with 200 toothbrushes she first started her work in Nairobi, the place where she was born and still has a special place in her heart. Sejal then looked to where she believed would be the most need and she chose Kibera.

KIBERA

Kibera is one of the largest slums in Africa and one of the biggest in the world. It has a population of almost 2 million people.

Until recently Kibera had no water. Water was all collected from the Nairobi dam. The dam water is not clean and causes typhoid and cholera.

Today there are two mains water pipes into Kibera, one from the municipal council and one from the World Bank. They serve around 250,000 inhabitants.

“ORAL HEALTH IS A BASIC HUMAN RIGHT”
WORLD HEALTH ORGANISATION

Only about 20% of Kibera has electricity. In most of Kibera, there are no toilet facilities; up to 50 shacks can share one latrine (hole in the ground).

In Kibera there are no government clinics or hospitals, health clinics, dispensaries, maternity homes, nursing homes, medical centres, laboratories and radiological services. Dental clinics are owned by non-governmental organisations and private individuals. The population is very reliant on charity donations.

Kibera seemed a good place to start.

OUR IMPACT

Today, over 8,000 children are part of our programme in Kenya, spanning several schools both in Kibera and much further afield. We want to do more and we hope to collaborate with other Kenyan based organisations to do this. We know that our oral health education programmes make a difference, as evidenced by our existing programmes being operated internationally.

LIVSMART TOOTHBRUSHING PROGRAMME

Our toothbrushing programmes are undertaken sensitively and in a culturally appropriate way. We often in certain areas include rhymes, songs, and dance, which are all extremely popular and ensure maximum engagement.

We are in regular contact with the schools participating in the LiveSmart supervised toothbrushing programmes to ensure that their programmes remain sustainable. Toothbrushes are kept on a toothbrush board which is kept at school with a protective cover. Each toothbrush is named and is separated to ensure that none of the toothbrushes touch each other.

Schools are provided with:



TOOTHPASTE PLATE

The Dental Wellness Trust has worked on different ways to administer the toothpaste in a safe and effective way. The best method we found was to dot the toothpaste on the edge of a plate and allow the children to pick up the toothpaste without cross contamination.



TOOTHBRUSHES, PASTE AND SOAP

With the help of donations, the charity has been able to supply schools with toothbrushes, toothpaste and soap.



MOBILE DENTAL CLINIC - A VISION FOR KENYA

In the UK and internationally we have worked with other organisations including Rotary and companies to be able to fund and build mobile dental vehicles.

With a mobile unit we can do so much more and undertake work on dental caries and apply fluoride varnish and fissure sealant programmes, as well as promote the importance of good oral hygiene. The purpose of a socially responsible oral health programme is to make it possible for oral disease processes to be halted before they have an opportunity to begin.

Practical interventions and promoting best practices at an early age have proven effective in increasing oral health. With the involvement of our trained volunteers, staff and schoolteachers in the implementation of tooth brushing programmes more members of the community are helping to promote both oral health and general wellbeing, in a sustainable manner. This increases the value placed on both. By instilling positive values and good habits early on, children in some of the poorest communities will be more likely to achieve and maintain improved oral health and overall, wellbeing. Something that they will carry with them into the future.

Work with us to make a Mobile Dental Clinic a reality.





OUTREACH

“OUTREACH IS THE ACTIVITY OF PROVIDING SERVICES TO ANY POPULATION THAT MIGHT NOT OTHERWISE HAVE ACCESS TO THOSE SERVICES”

It is reported that around 90% of children in Kenya could be living with gum disease. Many are unable to access the help that they need due to travel or financial constraints.

Currently we provide an oral health training programme but In addition with more funds there could be health screenings and emergency dental work and preventative fluoride varnish treatment, to help stop further tooth decay. Our work makes a difference, and our volunteers make a difference too, and we want to ensure that we can deliver this type of support to communities in Kenya.

Help us to make a positive difference to the lives of many children in Kenya. Help us to keep them smiling.



HOW CAN YOU HELP

By donating you can help to ensure that Dental Wellness Trust reaches more children and young people. Together we can stop the rot. Your donation no matter whether large or small will make a difference.

DONATIONS VIA JUST GIVING

To make a one-off donation or rolling monthly donation, please visit our just giving page - www.justgiving.com/dentalwellnesstrust

DONATIONS VIA BANK TRANSFER

Donations can be made direct into our bank by using the following details:

Account name: **Dental Wellness Trust**

Account Number: **17379291**

Sort Code: **23-05-80**

DONATIONS FROM TRUSTS AND FUNDS

We have many projects, where your help could make a big difference to what we can achieve. Funding can be given to support specific projects or indeed geographical areas. To find out how your Trust or Foundation could support our work please contact

funding@dentalwellnesstrust.org

CORPORATE SUPPORT

We have many projects with branding opportunities, requirements for dental health products and a need for volunteering and funds to support our core costs. There are many ways that you could help to improve the dental health and wellbeing of very many children and young people.

To discuss how your Company could support our work please contact funding@dentalwellnesstrust.org

VOLUNTEER

If you are a dental professional and wish to help with our screening and outreach, please email charity@dentalwellnesstrust.org for further information.



www.dentalwellnesstrust.org

Email: charity@dentalwellnesstrust.org

Donations and Projects: funding@dentalwellnesstrust.org

Charity number: 1145361

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