



Welcome to our Spring Newsletter for 2017

The Dental Wellness Trust has had a busy year. We have had over 5200 children attending our livesmart programmes already. Which with the help of donations, we are looking to increase to 10,000 next year.

The Dental Wellness Trust and its advisors have submitted two research papers to the IADR.

We also hosted a special 2 hour lecture called "Saving Kids' Teeth", where 6 leading Dental Professionals gave talks in how we as Dentists can help improve children's oral health.

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Saving Kids' Teeth lecture; Thursday 3rd November 2016

The Dental Wellness Trust hosted a 2 hour conference, at Portcullis House on Thursday 3rd November. The event was hosted by Sir Paul Beresford, and the conference was to highlight and discuss why over 45000 children are being admitted to hospital for dental extractions each year. The speakers were: Dr Claire Stevens, a Paediatric Dentist, and writer of `The Toothfairy` blog; Professor Narin Wilson, Honorary Professor of Dentistry, and president of the British Dental Association; Professor Jenny Gallagher, Hon Consultant in Dental Public Health Kings; Dr Jennifer Rodgers, Consultant in Dental Public Health, Forth Valley Scotland; Dr Linda Greenwall, DWT founder, and Specialist Dentist; and Dr Milad Shadrooth, AKA The Singing Dentist. All Speakers covered how we can improve our children's teeth, and stop these hospital admissions. The event was closed with Dr Sara Hurley, Chief Dental Officer for the UK. The evening was very well received and has paved the way for a 2 day event which we will be hosting in November 2017 at Lords Cricket Ground.



*Dr Sandra White Public Health, Dr Linda Greenwall
DWT founder and Sara Hurley Chief Dental Officer*



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LiveSmart Graduation October 2016

Over in South Africa, the Dental Wellness Trust have a programme called Livesmart, where “Toothbrush mamas” teach the children of the townships of Cape Town how to brush their teeth, wash their hands and basic life skills. Over 5200 children attend daily to brush their teeth and wash their hands with clean water, something which we can take for granted. Each year the Dental Wellness trust holds a graduation ceremony to congratulate the children for all their hard work and effort. The numbers are growing each year, and we hope to reach 10,000 children next year. We had some great support from Pick n Pay, Shoprite, HCl, and Colgate.



BACD Edinburgh Friday 11th November 2016

The British Academy of Cosmetic Dentistry held a fundraising evening for the Dental Wellness Trust on Friday 11th November 2016. This was during their hugely popular 3 day conference in Edinburgh. The BACD raised nearly £7000, which the Dental Wellness Trust are investing into their programmes; Mega Molars and Good Deed. The Dental Wellness Trust would like to give their appreciation to The BACD for all their support. Thank you BACD and Dr Bertie Napier.



Dr Greenwall receiving the donation from Dr Bertie Napier, President of BACD

Mitzvah Day

In 2015, the school children of Kerem wrote letters, and sent gifts to the children in the townships in South Africa for Mitzvah Day. Mitzvah is a hebrew word meaning “a good deed”. Last year the children continued writing letters and compiling gift bags to give to the children in the Livesmart programmes. Small acts of kindness and generosity go far for these children.



Mega Molars 2017

The *Mega Molars* project is an educational and supervised brushing programme designed to tackle dental decay, and to instil good habits in children. The educational element of the programme involves DWT teams of dental health professionals going into schools to carry out workshops, to teach children how to care for their teeth, and sessions for parents, designed to teach them how to care for their children’s teeth. The supervised brushing part of the project involves sessions carried out by local coordinators; primarily health and family workers. We are busy working on re-launching the *Mega Molars* in 2017.

Dental Wellness Trust